

Ensuring Quality Care

Why I don't take Insurance

The entire goal of Balance Chiro and Rehab is for each person to be evaluated, treated and educated based off of their concerns and goals, NOT based off of what insurance will or will not cover.

I have worked in multiple settings where insurance was the primary source of payment and have witnessed first hand how much insurance can dictate and change the quality of care for an individual.

Am I saying Health Insurance is horrible? Absolutely not! There is a time and a place for everything. When it comes to bodywork and prevention there's just so much more that can be done without restrictions on treatment time or treatment itself.

If you do have insurance and would like to submit it for reimbursement, please let me know and I can provide a SUPERBILL which contains everything that an insurance company would need!

Fun Facts:

I love treating newborns, littles and kiddos! major health insurance companies typically don't cover Chiropractic care under the age of 7.

Deductibles continue to increase and it can seem as though you're paying out of pocket, but not getting the same benefits.

Most major health insurance companies limit the number of visits and don't pay for wellness visits (they require a specific complaint).

The amount of paperwork and time spent fighting denials for services that someone needed, takes away from the ability to spend more time helping people live more optimal lives. What many deem medically necessary isn't necessarily accepted by many major insurance companies.

Being In-Network requires Doctors to agree to an "allowable rate" and potentially, poor reimbursement. If this rate is low, many Doctors can't afford to spend the time that may be necessary to truly evaluate, treat and educate you. More patients in smaller windows can result in a hit to the quality of care a person receives.